

**Lincoln Park Mayor's Wellness Campaign presents the 4th Annual**  
**Beavertown 5K Fall Classic Run/Walk**  
**Proceeds to benefit Lincoln Park Girls Scouts & Boy Scouts**

**What:** 5k Run and 2 Mile Walk

**When:** Saturday, November 6, 2010 5K begins at 9am

**Time:** Registration 8am - 8:30am @ PAL/Community Center  
 PAL/Community Center, 10 Boonton Tpke., Lincoln Park

**Course:** 5k & 2 mile walk begin on Main Street, Lincoln Park

**Registration Fee:** \$15 before Oct 20 \$18 after Oct 20

**Trophies Awarded in the following categories:**

Individual Categories: Under 11 12-14 20-29 30-39 50-59 60-69 70+

Group Categories: EMS, Civic Orgs, Schools, Municipal Gov't, Corporations, Families, Running Teams  
 Groups Teams must have at least 3 participants and registered by November 1, 2010.

**MAYOR'S TROPHY: awarded to 1st place team with all members live / work in Lincoln Park**

Submit entry form to: Borough of Lincoln Park—Health Dept, 34 Chapel Hill Road, Lincoln Park, NJ 07035  
 Register on-line <https://register.communitypass.net/lincolnpark> or at [www.compuscore.com](http://www.compuscore.com)

**Registering for: (please circle one)    5K Run    2 mile walk**

Last Name: \_\_\_\_\_ First Name \_\_\_\_\_ Gender: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Telephone # \_\_\_\_\_

Group Registration Team Name: \_\_\_\_\_

All team members must complete this section to qualify as a team / at least 3ppl for team / pre-registration only

Circle T-Shirt Size: S M L XL t-shirts to first 250 registrants

Eligible for Mayor's Trophy: YES NO

**Waiver & Consent:**

I acknowledge that I am in suitable physical condition to participate in the Recreation Program that I have registered for & I hereby agree to assume any risks involved. I certify that I am fully capable of participating in this recreational sport, activity, or program & that I have no physical or mental disability that would restrict full participation. I do hereby waive, release, indemnify & agree to hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability and/or for any injury that may be suffered by myself in the normal course of participation in the sport & the activities incidental thereto, whether the result of any negligence or any other cause. In the event I am unable, I grant permission to receive emergency professional medical care as deemed necessary by the Recreation Staff. I grant the Borough of Lincoln Park permission to use my photo/video images for promotional materials or inclusion on our web-site or newspaper articles YES \_\_\_\_\_ NO \_\_\_\_\_

Signature: \_\_\_\_\_

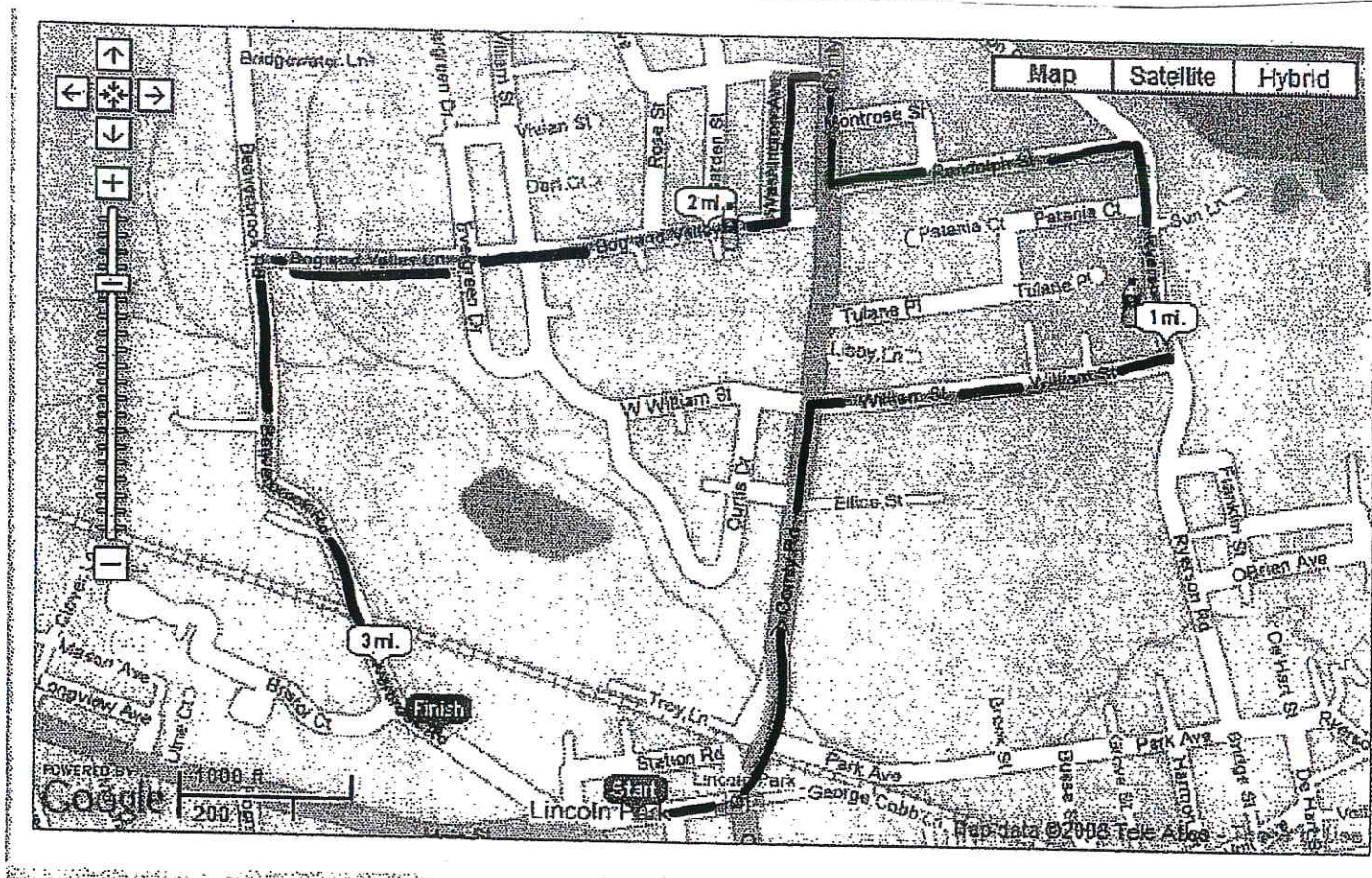
Date: \_\_\_\_\_

Kids, don't miss the....

# **Kids Main St. Dash**

**immediately BEFORE start of 5K approximately 8:45am**  
**4-7 & 8-11 year olds**  
**no registration required**

## **5K Race Route**



2-mile walker's route will continue down Comly to Bog & Vly Lane (eliminating William St, Ryerson Rd, Randolph St, and Washington Ave.)