



ANNUAL REPORT 2024

Lincoln Park Health

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Marissa N Granovsky, Health Officer

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EXECUTIVE SUMMARY

A Message from the Health Officer

The pandemic continued to have a public health impact in 2024, but not with the same intensity as the previous 4 years. COVID-19 cases and outbreaks were still investigated, questions from the public fielded, test kits distributed, and guidance provided to schools and businesses, but there was a return to some sense of normal. Our *Summer Wellness Series* kicked off with walks, yoga, meditation, and reiki. With the help of a grant, we kept our Infectious Disease Preparedness Generalist, who is also our Certified Health Education Specialist, who provided fun and educational opportunities for kids, seniors, and residents. Seniors had one-on-one technology sessions to learn features of a cell phone or tablet, how to download apps, such as Docket and Waze, and communicate with grandkids via text. The annual *Diabetes Walk*, in partnership with ShopRite, was held at Lynn Park. *Skin Cancer Screenings*, *Employee Wellness* and many new educational programs were provided and enjoyed by residents. The Health Department was also part of the process that saw Lincoln Park's 4th straight achievement of *Silver Certification* through *Sustainable Jersey*, with less than 5% of municipalities achieving this distinction.

Mission Statement

The mission of the Health Department is to prevent, promote and protect. Prevent disease, promote healthy living, and protect the public from health hazards.

Overview

The Lincoln Park Health Department employs best practices to meet the “**Ten Essential Public Health Services**” through the oversight of a licensed Health Officer/Registered Environmental Health Specialist, Public Health Nurse, Certified Health Education Specialist, Certified Registrar of Vital Statistics and Animal Control Officer. Contract services are provided for a board-certified pediatrician and family practitioner. Shared services' agreements with other towns enable us to meet the Practice Standards while providing cost savings to the Borough of Lincoln Park. We have shared services with Pequannock for Animal Control.

STAFF DIRECTORY

Staff	Contact
Marissa N. Granovsky, MPH, HO, REHS, CHES Health Officer/Registered Environmental Health Specialist	973-270-2039 mgranovsky@bolp.org
Susan Becker, RN, BSN, WOCN, ACHRN, CDP Public Health Nurse	973-270-2036 sbecker@bolp.org
Maria Moeller, CMR Certified Municipal Registrar	973-270-2040 mmoeller@bolp.org
Deep Shah, MPH, IDPG, CHES Infectious Disease Preparedness Coordinator/ Certified Health Education Specialist	973-270-2038 idpg@bolp.org
Christianne Morales, ACO Animal Control Officer (contract)	973-835-3980 cmorales@peqtwp.org
Christina Russell Food Pantry Coordinator	973-694-2890 foodpantry@bolp.org
Denise Montano, MSN, RN Public Health Nurse (per diem)	973-270-2040



Registered Environmental Health Specialist

- Food Surveillance
- Sewage Systems
- Potable Water Supply
- Site Plan Review ● Insect & Rodent Control ● Lake & Stream Pollution Control
- Camp Inspections ● Public Bathing ● Nuisance Investigations ● Solid Waste Investigations
- Air Pollution Control
- Noise Control ● Ragweed & Poison Ivy ● School Inspections ● Food Handlers' Course

Public Health Nurse

- Child Health Clinic
- Maternal & Child Health
- Hypertension Screenings
- TB Control
- Communicable Disease Investigations
- Lead screening
- Vaccinations
- SMAC Clinic
- Health Education ● Stroke Screening
- Home Visits
- Cancer Screenings
- Wellness Challenge

Registrar of Vital Statistics

- Vital Statistics
- Birth Certificates ● Death Certificates ● Marriage Licenses ● Certified Copies
- OPRA Requests
- Document Scanning
- Dog/Cat Licenses
- Permit Applications
- Dog/Cat Bite Notifications
- Septic Permits
- Schedule Test Holes

Food Pantry Coordinator

- New Client Enrollment
- Pantry Organization and Inventory
- Community Bank
- Monetary and Food Donations
- Menu and Food Distribution
- Homebound Delivery
- Resource Referral
- Volunteer Oversight
- Holiday Baskets
- Emergency Food Response

2024

ORGANIZATIONAL CHART of SERVICES

Health Officer

Health Education

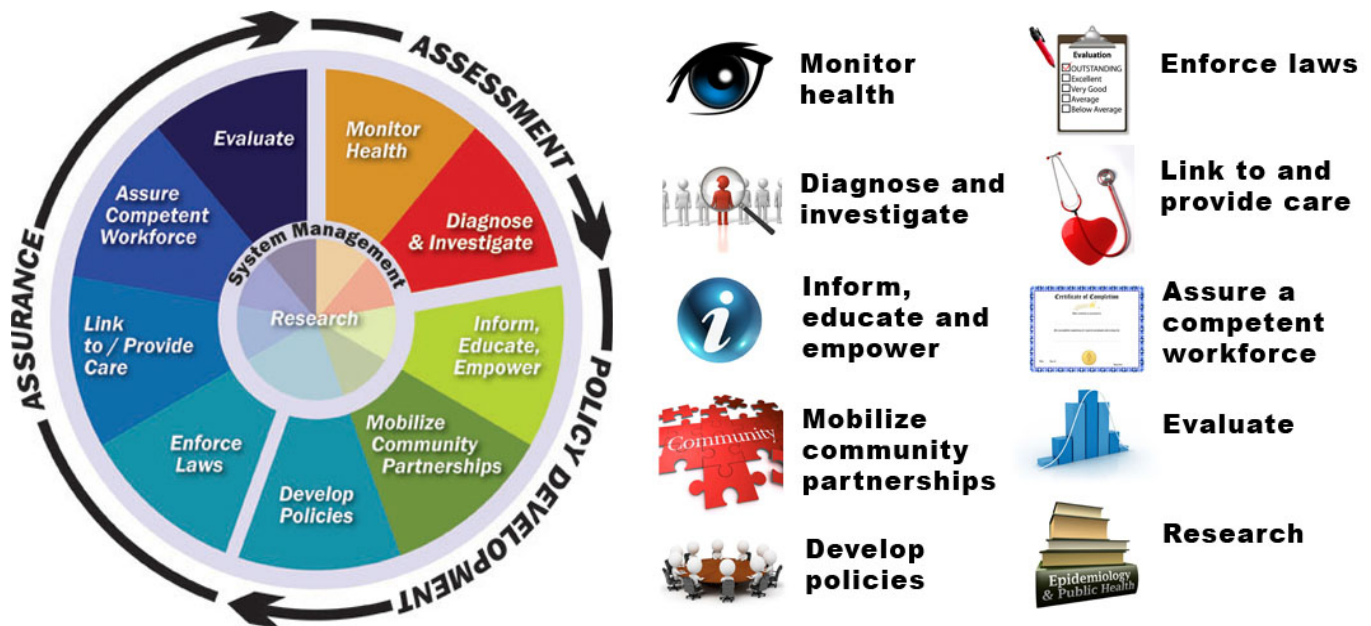
- Wellness Challenge
- Cardiovascular Education
 - Cancer Education
 - Diabetes Education
- Vaping Presentations
- Stigma-Free Campaign
 - School Programs

Animal Control

- Rabies Control
 - Rabies Clinics
- Dog/Cat Licensing
- Dog/Cat Canvassing
 - Animal Shelter
- Wildlife Management
 - Quarantine

10 ESSENTIAL PUBLIC HEALTH SERVICES

- 1 Assess and monitor population health status, factors that influence health, and community needs and assets.
- 2 Investigate, diagnose, and address health problems and hazards affecting the population.
- 3 Communicate effectively to inform and educate people about health, factors that influence it, and how to improve it.
- 4 Strengthen, support, and mobilize communities and partnerships to improve health.
- 5 Create, champion, and implement policies, plans, and laws that impact health.
- 6 Utilize legal and regulatory actions designed to improve and protect the public's health.
- 7 Assure an effective system that enables equitable access to the individual services and care needed to be healthy.
- 8 Build and support a diverse and skilled public health workforce.
- 9 Improve and innovate public health functions through ongoing evaluation, research, and continuous quality improvement.
- 10 Build and maintain a strong organizational infrastructure for public health.



2024 LINCOLN PARK AT A GLANCE

Square Miles	6.40
Number of Households	4,117
Population (2020 census)	10,923
Population Density	1,706 people/square mile
Gender Population	Male: 5,396 (49.4%) Female: 5,527 (50.6%)
Age Percentage	<5 years old: 5.2% <18 years old: 15.0% 65+ years old :19.2%
Race & Hispanic Origin Percentage	White alone: 77.6% Asian alone: 5.7% Black or African American alone: 3.0% 2 or more races: 12% Hispanic or Latino: 14.2% White alone, not Hispanic or Latino: 75.4%
Veterans	360
Foreign-Borne Persons	17.4%

[*https://www.census.gov/quickfacts/lincolnparkboroughnewjersey](https://www.census.gov/quickfacts/lincolnparkboroughnewjersey)



★ Designed by TownMapsUSA.com

2024 GRANTS

Enhancing Local Public Health Infrastructure (ELPHI)

The grant, *Enhancing Local Public Health Infrastructure*, was utilized for \$201,735. This was a non-competitive grant, which ran from October 1, 2022-June 30, 2023 and then had extensions, allowing us to utilize the funds until we ran out in July 2024. Our goals with this grant were to increase health equity for disproportionately affected populations; expand data collection and infrastructure to improve equity; and continue on-going communicable disease mitigation efforts.

Sustaining Local Public Health Infrastructure

This grant was essentially a continuation for the ELPHI grant, but was re-worked and re-named. This grant allows us to keep our Infectious Disease Preparedness Generalist/Certified Health Education Specialist in house. The total grant amount is \$168,049 and this grant picked up in August 2024, when ELPHI ran out, and runs until March 2026.

Morris County Trail Construction

The Health Department received a \$27,260 grant from the Morris County Board of County Commissioners for the *Morris Canal Trail Extension* in Lincoln Park. This is a reimbursement-based grant that will be received at the completion of work.

<i>Enhancing Local Public Health Infrastructure</i>	\$201,735
<i>Sustaining Local Public Health Infrastructure</i>	\$168,049
<i>Morris County Trail Construction</i>	\$27,260
<i>TOTAL</i>	<i>\$397,044</i>

LINCOLN PARK COVID-19 CASES IN 2024

(1/1/24-12/31/24)

Monthly COVID-19 Cases in Lincoln Park, New Jersey (2024)	
January	79
February	131
March	60
April	31
May	105
June	120
July	128
August	122
September	136
October	128
November	94
December	145

LINCOLN PARK COVID-19 DATA

Demographic Breakdown: Age Range

Most Covid cases in 2024 were the 75-84 age group (204, 16%) followed by the 65-74 age group (190, 15%), and the 55-64 age groups (153, 12%). Most cases were found among older populations. The fewest cases were among the 95+ and 15-19 age groups (19, 2% and 29, 2% respectively). Additionally, there was 1 individual whose age was unknown (1, 0%)

Demographic Breakdown: Sex

Most cases were among females (716, 56%), meanwhile males comprised 44% of cases (562). Also, there was 1 (0%) individual whose sex was unknown.

Demographic Breakdown: Race

Those who listed their race as “White” had the most COVID-19 cases (897, 70%) followed by those whose race fell under the “Other” category (129, 10%). Those who listed their race as “Black or African American” had the third highest count of COVID-19 cases (74, 6%).

Demographic Breakdown: Ethnicity

Non-Hispanics or Non-Latinos were the leading group in COVID-19 cases by racial groups, accounting for 72% (907) of all cases. Those whose ethnic background was Hispanic or Latino comprised 14% (179) of all cases.

COMMUNITY PARTNERS

The Lincoln Park Health Department would not be able to provide the programs and services without the collaboration of many partners, both within Lincoln Park and from the surrounding area. A big thank you to our valued partners for their continued support!

- Atlantic Health System
- Chilton Medical Center
- Complete Veterinary Care
- Hackensack Meridian Urgent Care of Lincoln Park
 - Lincoln Park Elementary School
 - Lincoln Park Historical Society
 - Lincoln Park Middle School
 - Lincoln Park Police Department
- Lincoln Parks & Recreation Department
 - Pequannock Valley Rotary
 - Pequannock Health Department
 - Ringwood Health Department
 - ShopRite of Lincoln Park
 - Wolfson's Market
- The College of New Jersey (TCNJ)





The Lincoln Park Health Department offers many essential services for the community to improve the health of people that live, work, and play in Lincoln Park. This is achieved through wellness programs, disease prevention and environmental stewardship.



ANIMAL CONTROL
 CHILD HEALTH SERVICES
 COMMUNICABLE DISEASE INVESTIGATIONS
 ENVIRONMENTAL HEALTH
 FLU CLINICS
 FOOD PANTRY
 HEALTH EDUCATION AND PROMOTION
 MOSQUITO CONTROL
 PUBLIC HEALTH NUISANCE INVESTIGATIONS
 RETAIL FOOD ESTABLISHMENT INSPECTIONS
 SCHOOL IMMUNIZATION AUDITS
 SCREENING EVENTS
 SENIOR TRANSPORTATION
 SENIOR SERVICES

SERVICES



ANIMAL CONTROL



Dog Licensing/ Registration Tag/ Immunization

It is a New Jersey state law that dogs need to be licensed annually and have a valid rabies certificate that is good through October 31st of the licensing year.

- Licensed dogs are vaccinated against rabies (with some exceptions explained below) and are considered generally protected from the disease.
- A licensed dog that wanders off the owner's property or gets lost can be traced and quickly returned to its owner by animal control officers.
 - When persons are bitten by a licensed dog, the dog is placed under a 10-day confinement that will prevent the victim from needing to begin rabies prophylaxis.
- Dog licensing is mandatory in all New Jersey municipalities and the licensing fee is much less than the fines and penalties for having unlicensed dogs.
- License fees support animal control, animal sheltering and rabies control activities.
- Dog licensing fees help fund testing of suspect rabid wildlife, free municipal rabies vaccination clinics and state-operated low cost spay and neuter programs.

Chicken and Hen Licensing

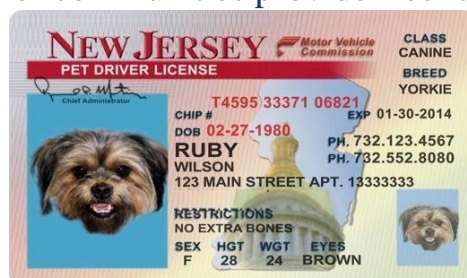
The Borough of Lincoln Park requires a license for raising, keeping, and maintaining chickens/hens. Chicken/hen coops **MUST** be always maintained. In no case shall any individual be permitted to keep in the Borough more than 8 chicken/hens on their property. No roosters are allowed.

Miniature Pig Licensing

No person shall keep, harbor, or maintain a miniature pig without first obtaining a license issued by the Health Department. This application should be made and renewed in the month of January every year. The miniature pig shall be spayed or neutered and a certification from a licensed veterinarian must be submitted along with application for the license. Any individual, in any case, shall not be permitted to keep in the Borough more than 2 miniature pigs on their property.

Annual Rabies Clinics

Lincoln Park and many other communities provide free rabies vaccinations annually.



SENIOR SERVICES

The Lincoln Park Seniors' meetings are held bi-weekly in St. Joseph's Church basement. The meetings consist of games such as bingo and trivia, plus occasional guest speakers. Those who attend meetings receive refreshments and even luncheons for holidays and special occasions! Transportation is available through Dial-A-Ride for seniors who do not drive or need a mode of transportation to/from the meetings. In 2022, the Lincoln Park Health Department began offering Technology Lessons to seniors on an individual basis and returned to providing blood pressure screenings and health counseling. These were also offered in 2023.

Transportation	
Dial-A-Ride Trips	16,345

5 Town Dial-A-Ride					
Trips by Origin	1-Q-2024	2-Q-2024	3-Q-2024	4-Q-2024	2024 Total
Butler	829	1025	904	706	3,518
Kinnelon	156	201	245	262	864
Lincoln Park	890	994	899	997	3,780
Pequannock	1,362	1,624	1,588	1,324	5,898
Riverdale	403	501	476	451	1,831
Rideshare	124	88	128	114	454
Total	3,764	4,433	4,240	3,908	16,345



PUBLIC HEALTH NURSING

Child Health Clinics		
Clinics	2023 Data	2024 Data
Total Clinics	10	10
Total Visits	27	34
Total Vaccines Given	49	52
Lead Screenings	3	1
Flu Vaccines		
Vaccinations	2023 Data	2024 Data
Employees/Volunteers Flu Vaccine	29	29
Pediatric Flu Vaccine	8	10
Total Vaccines Given	37	39
School Immunization Audits		
School Records Audited	2023 Data	2024 Data
Chapel Hill Academy	5	12
The Chapel Preschool	142	138
Lincoln Park KinderCare	61	76
Lincoln Park Elementary School	119	132
Lincoln Park Middle School	120	110
Total Records Reviewed	447	468
Health Screenings		
Screening	2023 Data	2024 Data
Blood Pressure	30	96
Skin Cancer	41	42
Communicable Disease Investigations & Screenings		
Diseases	2023 Cases	2024 Cases
Total Diseases Investigated	893	1469
Disease Outbreaks	6	9
Death Pronouncements	/	4
Lead Cases	/	2 (1 required case management)
Tuberculosis Screenings	0	2

ENVIRONMENTAL HEALTH REPORT

Public Health Complaints and Investigations

Type	2023 Data	2024 Data
Property Complaints	12	22
Dogs & Cats	5	2
Other Animals	2	0
Rats/Infestations	4	2
Senior Welfare	1	6
Total	24	28

Food Establishments

Type	2023 Data	2024 Data
# Retail Food Establishment Licenses	50	53
# Temporary Licenses	37	19
# Routine Inspections	90	78
# Routine Re-Inspections	5	8
# Establishments with Enforcement Action Taken	0	0
# Retail Establishment Plans Reviewed	2	3

Other Inspections/Notifications

Type	2023 Data	2024 Data
Rental Units	52	37
Camps	2	1
Annual Lakes	1	1
Lake Re-Inspections	0	0
Annual Pools	5	6
Pool Re-Inspections	1	0
Lake/Pool Corrective Actions/Closures	1	0
Septic/Well Permits Issued	1	2
NJDEP Notifications	9	8
Vape Shops	2	1
Message Therapy	2	2
Total	73	56

HEALTH EDUCATION/SUMMER WELLNESS

We love our Lincoln Park residents and work hard to keep them healthy! Whether they are 9 or 90, we offer something for everyone, from fun programs to technology lessons. Look at all the offerings in 2024 that helped people live well!



2024 Health Education & Wellness Programs			
Date	Topic/Event	Where	# Of Attendees
2/20/2024	LEAD Program (Stress)	Lincoln Park Middle School	20
2/20/2024	LEAD Program (Stress)	Lincoln Park Middle School	24
2/21/2024	LEAD Program (Stress)	Lincoln Park Middle School	approximately 20 participants
2/21/2024	LEAD Program (Stress)	Lincoln Park Middle School	approximately 24 participants
2/28/2024	Seniors Meeting	St. Joe's Church	approximately 80 participants
3/4/2024	Senior Tech Lesson	Lincoln Park Health Department	1
3/13/2024	Seniors Meeting	St. Joe's Church	approximately 80 participants
4/9/2024	Wellness Bootcamp	Lincoln Park Middle School	37
4/10/2024	Seniors Meeting	St. Joe's Church	approximately 80 participants
4/11/2024	Senior Tech Lesson	Lincoln Park Health Department	1
4/15/2024	Fatal Vision activity	Lincoln Park Middle School	50
4/17/2024	LEAD Program (Nicotine)	Lincoln Park Middle School	approximately 20 participants
4/17/2024	LEAD Program (Nicotine)	Lincoln Park Middle School	approximately 24 participants
4/18/2024	LEAD Program (Nicotine)	Lincoln Park Middle School	approximately 20 participants

4/18/2024	LEAD Program (Nicotine)	Lincoln Park Middle School	approximately 24 participants
4/22/2024	Senior Tech Lesson	Lincoln Park Health Department	1
4/22/2024	Fatal Vision activity	Lincoln Park Middle School	50
4/24/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
5/3/2024	Color Run	Lincoln Park Middle School	338
5/29/2024	Wellness Bootcamp	Lincoln Park Middle School	28
6/12/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
6/26/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
7/2/2024	Yoga	Lincoln Park Community Lake	0
7/9/2024	Yoga	Lincoln Park Community Lake	7
7/10/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
7/11/2024	Meditation	Council Chambers	11
7/11/2024	Reiki	Council Chambers	10
7/15/2024	Walk with a Dietician	Lynn Park	4
7/16/2024	Yoga	Lincoln Park Community Lake	5
7/17/2024	Nutrition Seminar	Municipal Community Room	3
7/18/2024	Walk with a Public Health Nurse	Lynn Park	11
7/22/2024	Dine & Design	PAL Building	14
7/23/2024	Yoga	Lincoln Park Community Lake	3
7/24/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
7/30/2024	Family & Friends Game Night	Lincoln Park Library	9
7/30/2024	Yoga	Lincoln Park Community Lake	3
8/6/2024	Yoga	Lincoln Park Community Lake	4
8/8/2024	Meditation	Council Chambers	11

8/8/2024	Reiki	Council Chambers	5
8/13/2024	Yoga	Lincoln Park Community Lake	10
8/14/2024	Guided Historical Walk of LP	Municipal Lot	9
8/15/2024	Skin Cancer Screening	Health Department	16
8/16/2024	Lincoln Park Night Out	Chapel	1000+
8/20/2024	Yoga	Lincoln Park Community Lake	2
8/22/2024	Family Snack Class	PAL Building	9
8/27/2024	Family & Friends Game Night	Lincoln Park Library	4
8/28/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
8/28/2024	Walk with a Public Health Nurse	Lynn Park	7
9/24/2024	Blood Pressure Screenings	ShopRite	12
9/25/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
9/28/2024	Lincoln Park Day	Main Street	300+
10/1/2024	Flu Clinic (Employees)	Health Department	14
10/2/2024	Flu Clinic (Employees)	Health Department	15
10/9/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
10/22/2024	Blood Pressure Screenings	ShopRite	1
11/6/2024	Rabies Clinic	Hose Company 1	55 vaccines
11/9/2024	Diabetes Walk	Lynn Park	approximately 45 participants
11/13/2024	Seniors Meeting	St. Joe's Church	approximately 90 participants
11/19/2024	Blood Pressure Screenings	ShopRite	1

12/7/2024	Winter Wonderland	Lincoln Park Community Lake	1000+
12/16/2024	LEAD Program (Nicotine)	Lincoln Park Elementary School	25
12/17/2024	Ornament Design Program	PAL Building	13
12/19/2024	LEAD Program (Nicotine)	Lincoln Park Elementary School	25



EMPLOYEE WELLNESS

Lincoln Park just **completed our 8th year of Employee Wellness!** The program is offered to all full-time and part-time employees. Like prior years, participants who complete the program receive a \$500 Visa gift card for f/t employees, and a \$250 gift card for p/t employees. Our partnership with the North Jersey Municipal Employee Benefits Fund enables us to bring innovative and exciting health and wellness programs to the workplace. Forty individuals signed up for the Wellness Program, and thirty-eight completed, with a success rate of 95%

Annual Physical Exam: Participants obtained an annual physical from their Primary Care Physician.

Dental Cleaning/Exam: Participants obtained an annual dental exam.

Skin Cancer Screening/Dermascan: Participants screened for skin cancer.

Educational Seminars: Participants attended health seminars virtually that were presented by different healthcare professionals on a variety of topics.

Physical Challenges: Participants completed a minimum of three physical challenges that could include offerings below, or gym memberships, 5k runs or other outside events.

Event	Date
Walk with a Historian	8/14/24
Walk with the new Public Health Nurse	7/18/24 & 8/28/24
Walk with a dietician	7/15/24
Diabetes Walk	11/9/24
Reiki/Meditation	7/11/24 & 8/8/24
Yoga	7/2/24, 7/9/24, 7/16/24, 7/23/24, 7/30/24, 8/6/24, 8/13/24, and 8/20/24
Health Education Webinars	2x/mo online

FOOD PANTRY

The Lincoln Park Food Pantry received tremendous support in 2024 through donations from residents and volunteers/organizations/businesses to assist 56 families (115 individuals) in need. We received \$34,904.69 in donations that went towards buying fresh produce, dairy, and meats to support healthy eating. The Lincoln Park Health Department is thankful and grateful for our *Food Pantry Coordinator*, Christina Russell and our *Registrar*, Maria Moeller, along with our wonderful volunteers to serve others in need. Donations can be dropped off at the Borough of Lincoln Park Municipal Building.



Lincoln Park Food Pantry
Telephone: (973) 694-2890
Email: foodpantry@bolp.org



VITAL STATISTICS

The Lincoln Park Health Department Vital Statistics and Registration maintains birth, marriage, and death records from August 1922 to the present. Domestic Partnership records are available from 2004 to present.

The Office of Vital Statistics and Registry registers vital events and maintains the following vital records:

- Birth, marriage, and death records starting at 1914
- Domestic partnership records starting at 2004
- Civil union records starting at 2007
- Adoptions – foreign and domestic
- Certificate of Birth Resulting in Stillbirth data starting at 1969

Lincoln Park Vital Records		
Records	2023 Data	2024 Data
Births	0	0
Deaths	157	146
Marriage Licenses Issued	70	61

Animal Licenses		
Licenses/Investigations	2023 Data	2024 Data
Dog Licenses	879	888
Rabies Vaccines (Clinic)	51	55
Dog Bites	5	8
Cat Bites	0	1
Complaints Investigated	5	1
Chicken/Hen Licenses	8	9
Miniature Pig Licenses	1	1



PROFESSIONAL AFFILIATIONS

Our staff belonged to the following organizations and committees in 2024:

- Bergen/Passaic Registrars' Association
 - American Academy of Pediatrics
- Chilton Medical Center Community Health Advisory Committee
- Chilton Medical Center Patient & Family Caregiver Experience Committee
 - Chilton Medical Center Veterans Committee
 - Chilton Health Advisory Board
 - Lincoln Park Collaborative
 - Morris County Health Officers' Association
 - Morris Regional Public Health Partnership
- National Association of County and City Health Officials
- New Jersey Association of County and City Health Officials
 - New Jersey Environmental Health Association
 - New Jersey Society for Public Health Education
 - Registrars' Association of New Jersey