

2018 ANNUAL REPORT

Lincoln Park Health Department



Eat Well. Live Well.
Lincoln Park



2018 Annual Report

Executive Summary

The Lincoln Park Health Department has been busy over the past year working with three schools on grants for hydroponic tower gardens, adding a kiosk for the Morris Canal Trail and partnering with ShopRite, Montclair State University, William Paterson University, the Public Good Projects, Atlantic Health System, and others, to provide meaningful programs in the community. But, as always, our most valuable partner is you, the individual!

Services Offered

The Lincoln Park Health Department offers the services of a licensed health officer (HO), public health nurses (PHN), registered environmental health specialists (REHS), certified health education specialist (CHES), certified municipal registrar (CMR) and two deputy registrars, as well as an animal control officer (ACO). Shared services with other municipalities enable us to meet the Public Health Practice Standards while providing cost savings to the Borough of Lincoln Park.

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“Thank you to the Borough of Lincoln Park for securing this grant!”

Mrs. Suzanne Iapoco, Computer Teacher at the Lincoln Park Elementary School (regarding a grant received through the health department for hydroponic tower gardens)



2018 Key Accomplishments

- Received the Morris Park Alliance Award for “Historical/Cultural Facility” for the work on the Morris Canal Trail
- Received a Citation from the State of New Jersey Senate and General Assembly for the Morris Canal Trail
- Completed 2 New Jersey Healthy Communities Network grants totaling \$30,000
- Started the 3rd New Jersey Healthy Communities Network grant cycle for \$20,000
- Started work on a 2nd kiosk for the Morris Canal Trail
- Secured a Shared Services Agreement with the Borough of Ringwood for Health Officer Services
- Continued shared services’ contracts with the Bloomfield Department of Health and Human Services and Montville Health Department
- Partnered with the national Public Good Projects to provide a “Live SugarFreed” campaign
- Was the lead health department in developing an STD billboard campaign for Morris County
- Continued **“Eat Well. Live Well. Lincoln Park ”** campaign with our partners: ShopRite of Lincoln Park, Wolfson’s Market, 202 Italian Bistro and Lincoln Park Care Center/JDT Medical Rehab Center
- Coordinated the 3rd year of an Employee Wellness Program
- Provided internship opportunities for Montclair State University and William Paterson University students



Organizational Chart

Staff Directory	
Kathleen Skrobala, RN, BSN, MA, HO kathys@bolp.org	973-270-2036
Maria Moeller, CMR mmoeller@bolp.org	973-270-2040
Gina Behre, MS, Senior REHS rehs@bolp.org	973-270-2039
Maya Lordo, MS, REHS, CHES mlordo@bloomfieldtwpnj.com	973-270-2039
Jessi Cholewczynski, REHS rehs@bolp.org	973-270-2039
Gail Strumph, ACO gstrumph@montvillenj.org	973-334-6410
Jacqueline Castaneda, Food Pantry Coordinator foodpantry@bolp.org	973-694-2890
Maryann Galiger, RN (contract per diem)	
Patricia Baran, MD (contract Pediatrician)	
Francis Kielar, MD (contract Family Practice)	



Margot Vaccaro, RN, retired after more than 30 years working in Lincoln Park.

Community Partners and Grants

*The Lincoln Park Health Department started the 3rd cycle, receiving a \$20,000 grant from the Atlantic Health System (AHS) as part of the **New Jersey Healthy Communities Network (NJHCN)**. We successfully completed 2 grant cycles for a total of \$30,000 that has brought a new walking trail along the Morris Canal, a ½ mile path in Lynn Park, a food environment audit and healthy food choices in local food establishments. We purchased 6 hydroponic tower gardens and gave them to the Lincoln Park Middle and Elementary Schools and Chapel Hill Academy. This brings the total grant awards to \$50,000 from NJHCN. **The New Jersey Healthy Communities Network** brings together local, regional and statewide leaders to support communities in developing healthy environments for people to live, work, learn and play. We will continue to foster opportunities under our banner of **“Eat Well. Live Well. Lincoln Park,”** to help make the healthy choices the easy choices!

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“Working with the Lincoln Park Health Department is like a land of opportunities. I am always excited about the amazing educational programs they offer to the community...”

Danielle Buonforte, RD, ShopRite of Lincoln Park



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Partners

American Legion Post 279
Atlantic Health System
Canal Society of New Jersey
Chapel Hill Academy
Chilton Medical Center
JDT Medical Rehab Center
Lincoln Park Care Center
Lincoln Park Elementary School
Lincoln Park Historical Society
Lincoln Park Middle School
Lincoln Park Police Department
Montclair State University
Montville Health Department
Morristown Medical Center
New Bridge Services
North Jersey Health Collaborative
Pequannock Valley Rotary
Passaic County Public Health Partnership
ShopRite of Lincoln Park
William Paterson University
Wolfson’s Market
Zufall Health Centers
Hydroponic Tower Gardens



5th grade students from the Lincoln Park Middle School using produce from their hydroponic tower garden to make healthy salads.

Program Reports

Health Screenings/Education, Public Health Nursing, Health Education, Employee Wellness, Senior Services, Vital Statistics, Environmental Health



Advertised Health Screenings

(provided at area hospitals and health departments)

- | | |
|-------------------------------|------------------------|
| *Ask the Pharmacist | *Male Cancer Screening |
| *Colorectal Screening | *Skin Cancer Screening |
| *Dental Screening | *SMAC Screening |
| *Diabetes Screening | *Stroke Screening |
| *Early Intervention Screening | *Thyroid Screening |

Flu Vaccines	
Regular Adult Flu Vaccine	52
High Dose Flu Vaccine (65 & older)	52
Pediatric Flu Vaccine	12
Total Vaccines Given	116

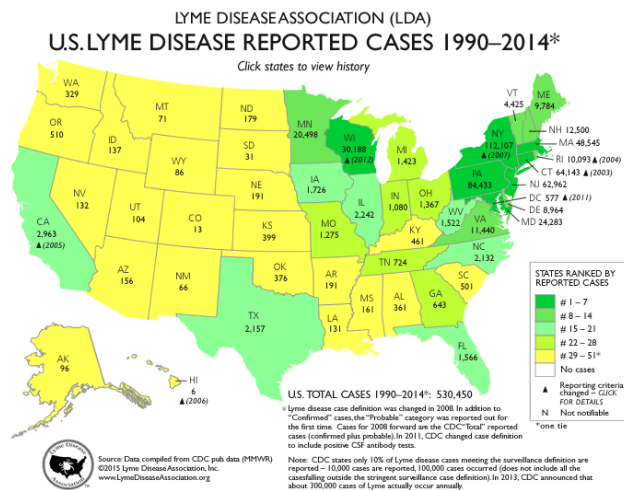
Child Health Clinic	
Child Health Clinics	11
# of unduplicated children	20
# of visits	30
# of vaccines given	65

School Immunization Audits	
Busy Beaver Preschool	24
Chapel Hill Academy	20
Jacksonville Chapel Preschool	100
Kindercare	23
Kids@Play	12
Lincoln Park Elementary School	228
Lincoln Park Middle School	125
Total Records Reviewed	532

Communicable Disease Investigations

	Cases
Amoebiasis	1
Babesiosis	2

Campylobacteriosis	2
Cryptosporidiosis	1
Ehrlichiosis/Anaplasmosis	4
Haemophilus Influenzae	2
Hepatitis B	4
Hepatitis C	15
Influenza	31
Legionellosis	3
Listeriosis	1
Lyme Disease	34
Salmonellosis	1
Salmonellosis-Non Typhoid	1
Streptococcus Pyogenes	2
Varicella	4
Total Investigations	108



Health Education

Today, more than ever, public health and healthcare systems are empowering people to make the right decisions about their health. The Lincoln Park Health Department is using social media and “pop-up” health at events to provide quick, convenient and healthful messages. You will find this type of health education on our website, electronic sign, channel 77, social media and billboards (in Morris

County), but also through venues where people have already gathered. The **“Monday Campaign,” “Pop-Up Health,”** and **“Eat Well. Live Well. Lincoln Park ”** as well as some initiatives below help to make Lincoln Park a healthy place to be!

Employee Wellness Program

Lincoln Park is partnered with the North Jersey Municipal Employee Benefits Fund to provide education and wellness activities for employees. This is the 3rd year for the campaign. To successfully complete the campaign, employees had to have an annual physical by their doctor, complete a biometric screening and Cardioscan, attend at least one health education program, and participate in 3 fitness challenges. We also encouraged “Take the Stairs Campaign,” provided a healthy vending machine, offered yoga classes, gave annual flu vaccines and updated our **“Live Well/Work Well ”** bulletin boards.



Senior Services

The Lincoln Park Health Department strives to help seniors age safely in their own homes. A number of services are advertised such as Dial-A-Ride and Morris Habitat for Humanity “Aging in Place”, as well as providing a Senior Services webpage <http://www.lincolnpark.org/354/Senior-Services> on the Borough of Lincoln Park website. Programs for senior education and fitness classes are advertised, as well as links with helpful information. Instruction on computer and internet use are available for seniors by the Lincoln Park Public Library. In addition, home visits are provided for flu vaccines or welfare checks, often with a social worker from New Bridge Services.

Vital Statistics

Significant life events, such as birth, marriage and death are recorded and kept in the health department. Marriage licenses, copies of marriage licenses and death certificates are issued upon request. Licenses for dogs and chickens/hens are issued annually.

Vital Records		Animals	
Births (in LP)	0	Dog Licenses	951
Births (to LP residents)	95	Rabies Vaccines	82
Marriage Licenses Issued	53	Dog Bites	10
Deaths	146	Cat Bites	0
Death Certificates Issued	466	Complaints Investigated	4
		Chicken/Hen Licenses	3

Environmental Health

Environmental Health Services continually aim to reduce health risks through inspections of food establishments, rental units, camps and public pools/lakes as well as investigating public health nuisance and environmental complaints. Local and state laws are enforced through the services of registered environmental health specialists.

FOOD ESTABLISHMENTS	
# of Licensed Retail Food Establishments	49

# of Temporary Licenses	13
# of Routine Inspections	62
# of Routine Re-inspections	8
# of Investigations	9
# of Inspections (other than routine)	7
# of Establishments Where Enforcement Action Taken	3
# of Retail Establishment Plans Reviewed	4

PUBLIC HEALTH COMPLAINTS/INVESTIGATIONS	
Property Complaints	28
Dogs & Cats	4
Other Animals	0
Rats/Infestation	5
Environmental	18
Senior Welfare	8
Disease Outbreaks	4
Mosquitos	24+
Total	91

OTHER INSPECTIONS/NOTIFICATIONS	
Rental Units	66
Camps	2
Annual Lake	1
Lake Re-inspection	2
Annual Pools	6
Pool Re-inspections	0
Lake/Pool Corrective Actions/Closures	2
Septic/Well Permits Issued	3
NJDEP Notifications	22
Vape Lounge	2
Nail Salons	7
Massage Therapy	1
Total	114

Affiliations

The health department staff (including contract and per diem) belong to a number of local, regional and national professional organizations and committees, which include:

- 5 Town Dial-A-Ride
- American Academy of Pediatrics
- Chilton Medical Center Community Advisory Board
- Chilton Medical Center Community Health Advisory Committee
- Greater Passaic Valley Public Health Nurses' Association

Health Advisory Board Head Start
 Morris County Health Officers' Association
 Morris County Registrars' Association
 Morris Regional Public Health Partnership
 National Association of County and City Health Officials
 New Jersey Association of County and City Health Officials
 New Jersey Environmental Health Association
 New Jersey Society for Public Health Education
 North Jersey Health Collaborative
 Passaic County Governmental Public Health Partnership
 Registrars' Association of New Jersey



North Jersey Health Collaborative

 health matters

Other Activities

Right to Know Coordinator

2019 Goals

Provide Anti-Vaping Campaign
Coordinate STD Campaign for Morris County through Comcast/Fios and Local Universities
Successfully Complete 3rd NJHCN Grant Cycle
Apply for 4th NJHCN Grant
Provide Internship Opportunities for University Students