

June 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Sign-ups; Lincoln Park Health Department 9:00am-3:00pm	18 Sign-ups; Lincoln Park Health Department 9:00am-3:00pm	19 Sign-ups; Lincoln Park Health Department 9:00am-3:00pm	20 Sign-ups; Lincoln Park Health Department 9:00am-3:00pm	21	22 Sign-ups; Lincoln Park Community Lake 11:00am-6:00pm
23	24 Adult Rec Yoga 7:00-8:00pm	25	26 Walk with the Canal Society of NJ 5:00-6:00pm	27 Reiki 6:00-8:00pm	28	29

30	1	Locations: Adult Rec Yoga (\$10 fee): Lincoln Park Municipal Building Community Room Walk with the Canal Society of NJ: Morris Canal Trail, Windsor Drive Reiki: Lincoln Park Municipal Building Community Room (Call for appt. 973-270-2036) Please visit https://www.lincolnparklibrary.org/calendar for the calendar of library events.
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Raffle tickets can be picked up at the Lincoln Park Health Department the last week of August. Visit our tent on Lincoln Park Day (9/28) to win prizes.

July 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Adult Rec Yoga 7:00-8:00pm	2	3 Sunset Yoga 7:00-8:00pm	4	5	6
7	8 Adult Rec Yoga 7:00-8:00pm	9	10 Sunset Yoga 7:00-8:00pm	11	12 Guided Meditation 7:00-7:30pm	13
14	15 Adult Rec Yoga 7:00-8:00pm	16 Walk with Nurse Kathy 5:00-6:00pm	17 Sunset Yoga 7:00-8:00pm	18	19	20
21	22 Dine and Floral Design 6:00-8:00pm Adult Yoga 7:00-8:00pm	23	24 Sunset Yoga 7:00-8:00pm	25	26 Labyrinth 6:00-8:00pm	27
28	29 Adult Rec Yoga 7:00-8:00pm	30 Walk with Dietitian Danielle 5:00-6:00pm	31 Sunset Yoga 7:00-8:00pm	1	2	3

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Locations:

Adult Rec Yoga (\$10 fee): Lincoln Park Municipal Building Community Room

Sunset Yoga: Lincoln Park Community Lake

Walk with Nurse Kathy: Lanes Field

Labyrinth: Lincoln Park PAL Gym

Guided Meditation: Municipal Building Council Chambers

Dine and Floral Design: Lincoln Park PAL Meeting Room

Walk with Dietitian Danielle: Lynn Park

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August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2 Energy Balancing 6:00-8:00pm	3
4	5 Adult Yoga 7:00-8:00pm	6	7 Sunset Yoga 7:00-8:00pm	8 Chess/Checkers on the Beach 6:00-8:00pm	9 Kids Scavenger Hunt 6:30-8:30pm	10
11	12 Youth Tennis Camp (See flyer for times) Adult Yoga 7:00-8:00pm	13 Youth Tennis Camp (See flyer for times)	14 Youth Tennis Camp (See flyer for times) Sunset Yoga 7:00-8:00pm	15 Youth Tennis Camp (See flyer for times)	16 Youth Tennis Camp (See flyer for times)	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1	2	<p>Locations:</p> <p>Adult Rec Yoga (\$10 fee): Lincoln Park Municipal Building Community Room Sunset Yoga: Lincoln Park Community Lake Energy Balancing: Municipal Building Council Chambers Chess/Checkers on the Beach: Lincoln Park Community Lake Kids Scavenger Hunt: Lanes Field Youth Tennis Camp: Borough Field Tennis Courts (Time is determined by age group, see flyer for more info)</p>
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