



# ANNUAL REPORT 2020

Lincoln Park Health

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## EXECUTIVE SUMMARY

Pandemic, coronavirus and PPE became common nomenclature during an uncommon time. Historically, pandemics happen every 10-40 years as has been seen with H1N1 (2008), the Hong Kong Flu (1968), the Asian Flu (1958) and the Spanish Flu (1918), so only a handful of New Jersey residents over the age of 100 have lived this history. On March 16<sup>th</sup> public health took a dramatic shift in priorities when Governor Murphy ordered the state to shut down. The Lincoln Park Health Department had been monitoring the situation in Wuhan, China, since December 2020, and the subsequent wave over Europe in early 2021. Preparations were started by the health department before the first case ever appeared in New Jersey. A tabletop exercise, involving all the key players, was held in the Community Room, and PPE was ordered, stockpiled, and distributed to first responders. The Lincoln Park Health Department took immediate action with our first case in March, conducting investigations and contact tracing with an “all hands on deck” approach. With the assistance of the Lincoln Park Public School nurses, registered environmental health specialists, and even a retired health educator, we were able to respond swiftly and efficaciously to a rapid increase in cases. A crisis can bring out the best in people, and we were fortunate to experience that first hand.

### **Mission Statement**

The mission of the Lincoln Park Health Department is to create a culture of health for everyone that lives, works or plays in Lincoln Park. We accomplish this by providing valuable health services, educational opportunities, outdoor experiences, partnerships for health promotion, environmental stewardship and emergency preparedness.

### **Overview**

The Lincoln Park Health Department employs best practices to meet the “**Ten Essential Public Health Services.**” This is accomplished through the oversight of a licensed Health Officer, Public Health Nurse, Registered Environmental Health Specialists, Certified Health Education Specialist, Certified Registrar of Vital Statistics and Animal Control Officer. Contract services are provided for a board-certified pediatrician and family practitioner. Shared services’ agreements with other municipalities enable us to meet the Public Health Practice Standards while providing cost savings to the Borough of Lincoln Park. The Borough of Lincoln Park has shared services’ agreements with the Borough of Ringwood, and Townships of Pequannock and Bloomfield.

## STAFF DIRECTORY

Staff	Contact
Kathleen Skrobala, RN, BSN, MA, HO Health Officer/Public Health Nurse	973-270-2036 kathys@bolp.org
Maria Moeller, CMR Certified Municipal Registrar	973-270-2040 mmoeller@bolp.org
Melanie Bergstrom, REHS Environmental Health Specialist (contract)	973-270-2039 rehs@bolp.org
Jessi Cholewczynski, REHS Environmental Health Specialist (contract)	973-270-2039 rehs@bolp.org
Sarah Jacob, MPH, CHES Health Education Specialist (contract)	973-270-2040
Christianne Morales, ACO Animal Control Officer (contract)	973-835-3980 cmorales@peqtwp.org
Christine Russell Food Pantry Coordinator	973-694-2890 foodpantry@bolp.org
Maryann Galiger, RN, BSN Public Health Nurse (per diem)	973-270-2040

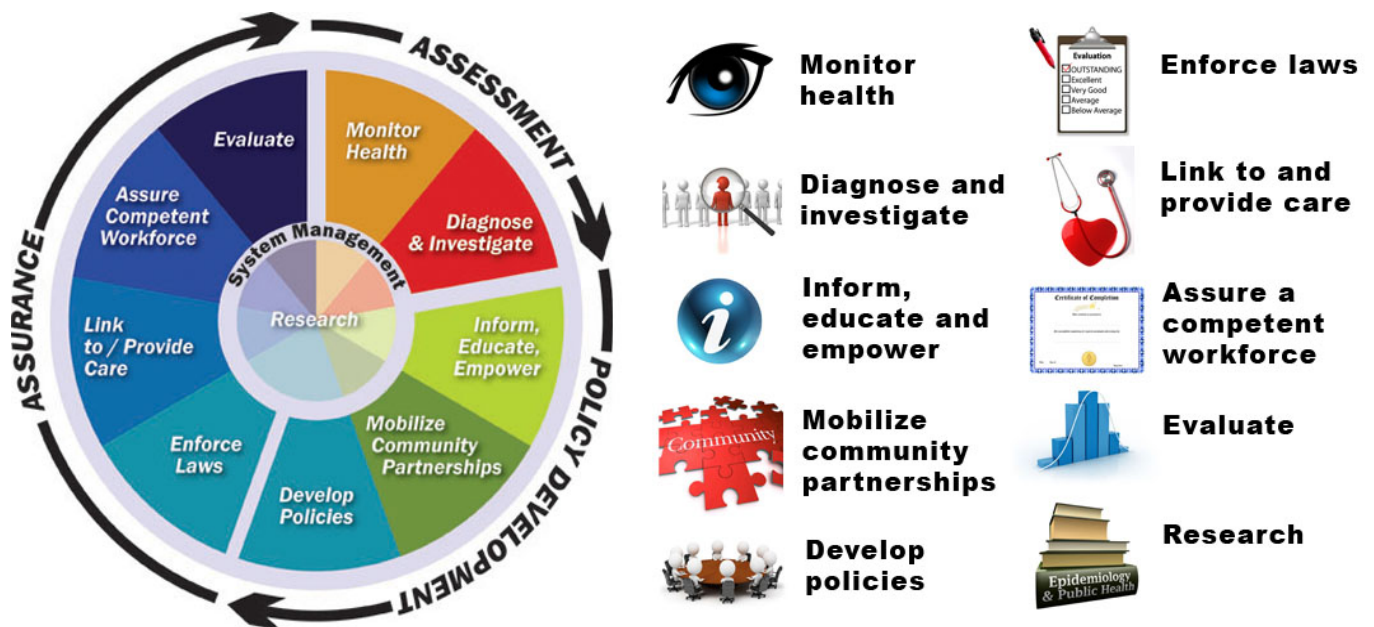


**2020 ORGANIZATIONAL CHART of SERVICES**

**Health Officer**

# 10 ESSENTIAL PUBLIC HEALTH SERVICES

1. Monitor health status to identify and solve community health problems
2. Diagnose and investigate health problems and health hazards in the community
3. Inform, educate, and empower people about health issues
4. Mobilize community partnerships and action to identify and solve health problems
5. Develop policies and plans that support individual and community health efforts
6. Enforce laws and regulations that protect health and ensure safety
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable
8. Assure competent public and personal healthcare workforce
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services
10. Research new insights and innovative solutions to health problems



## LINCOLN PARK AT A GLANCE

<b>Square Miles</b>	6.91
<b>Number of Households</b>	3,669
<b>Population (2019 census)</b>	10,262
<b>Population Density</b>	1,546 people/square mile
<b>Gender Population</b>	Male: 4,852 (48.0%) Female: 5,259 (52.0%)
<b>Age Percentage</b>	<5 years old: 4.4% 5-17 years old: 14.6% 18-24 years old: 8.0% 25-34 years old: 11.4% 35- 54 years old :25.6% 55-64 years old: 17.9% <65 years old :18.1%
<b>Race Percentage</b>	White: 78.3% Asian: 5.4% Black or African American: 2.1% Other: .02%
<b>Ethnicity Percentage</b>	Non-Hispanic or Latino: 87.5% Hispanic or Latino: 12.5%



# COMMUNITY HEALTH NEEDS ASSESSMENT



## North Jersey Health Collaborative

### health matters

#### North Jersey Health Collaborative

The Lincoln Park Health Department has been part of the North Jersey Health Collaborative for the past 10 years. Established in November 2011, the North Jersey Health Collaborative (NJHC) is an independent, self-governed 501(c) (3) organization with a diverse set of partners in five counties of New Jersey (Morris, Passaic, Sussex, Union, & Warren) representing healthcare, public health, social service, education, local government, business, and other community-based organizations. Working together across sectors, the NJHC and its partners seek to establish a more coordinated collective approach to community health improvement. Core functions of the NJHC include a shared process of community health needs assessment and health improvement planning to target factors that drive poor health, and the development of collaborative strategies and action plans designed to create communities where opportunities for health and well-being are available for all people. This report is part of our continued commitment to collect, analyze, and share data to inform and modify the collective health improvement efforts of more than 100 partner organizations. Based upon the 2019 Community Health Needs Assessment, the following priority areas were identified

Access to health care • Affordable and safe housing • Chronic disease prevention • Healthy aging • Mental health, substance misuse, and suicide prevention • Physical activity & healthy eating

**For a complete report on the Community Health Needs Assessment visit**

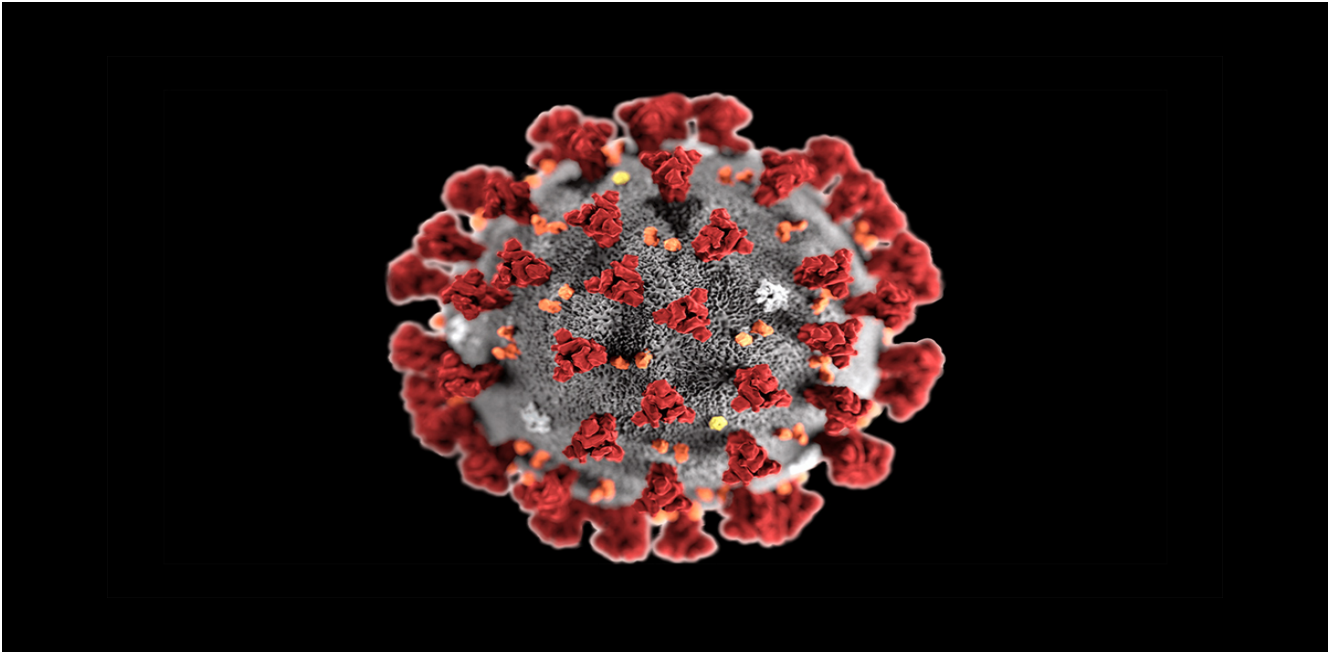
[http://www.njhealthmatters.org/content/sites/njhc/resource\\_library/Morris\\_County\\_CH\\_NA\\_2019\\_Final\\_Report.pdf](http://www.njhealthmatters.org/content/sites/njhc/resource_library/Morris_County_CH_NA_2019_Final_Report.pdf)

**For a complete report on the Community Health Improvement Plan visit**

<http://www.njhealthmatters.org/tiles/index/display?alias=morrisabout&status=2&alert=>

# LINCOLN PARK AND COVID-19

## SARS-CoV-2 Pandemic

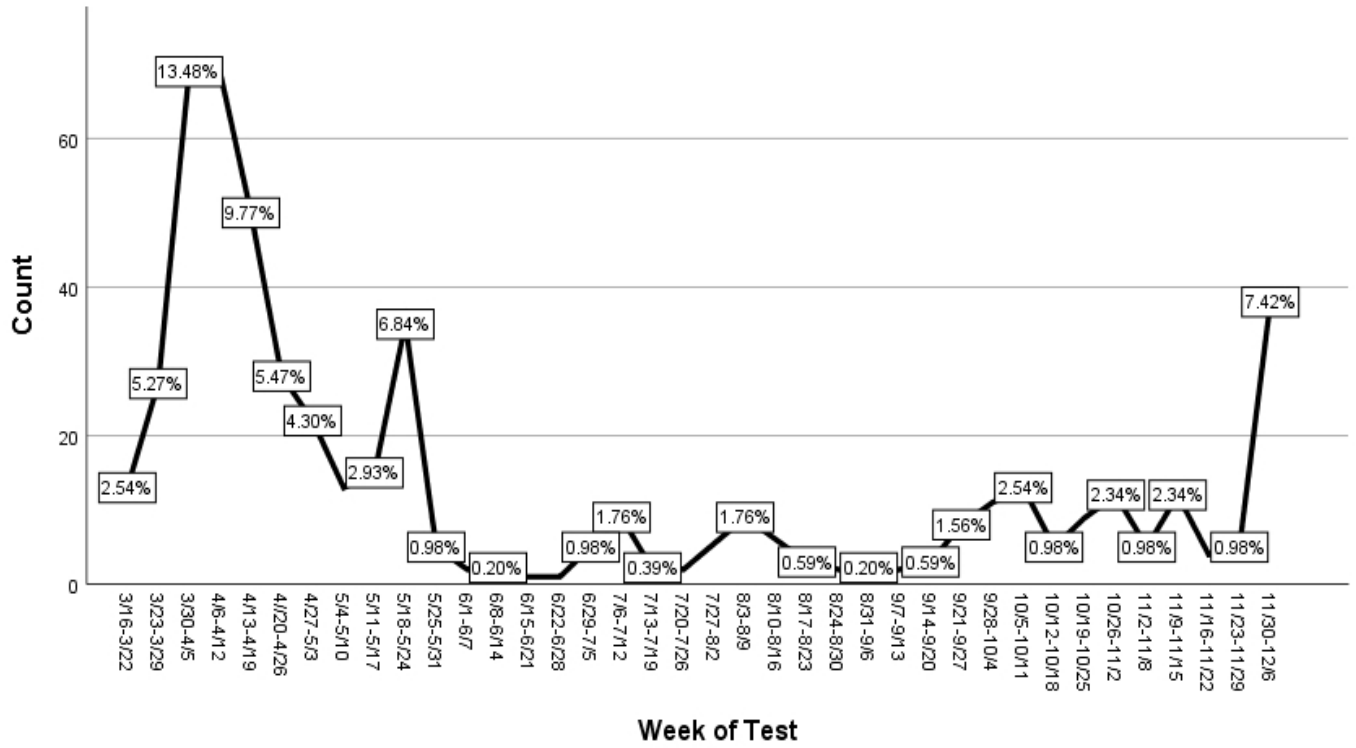


Coronaviruses are a family of viruses that typically cause mild respiratory infections like the common cold, but can also cause more severe (and potentially deadly) infections. They are zoonotic diseases, meaning they are transmitted from animals to people. Coronaviruses are named after the Latin word corona, meaning “crown” or “halo,” because they have “crown-like spikes on their surface,” according to the Centers for Disease Control and Prevention. The novel coronavirus responsible for this outbreak is known as SARS-CoV-2. The illness caused by the virus is called COVID-19. Common signs of infection include runny nose, cough, fever, sore throat, and shortness of breath. COVID-19 can cause a wide range of signs and symptoms at varying levels of severity. The first case in the United States was a 35 year old male in Seattle on January 20th. March 3rd marked the first New Jersey case. It wasn’t long before Lincoln Park had its first case in March. Since that time, Lincoln Park cases totaled 685 in 2020. Case investigations and contact tracing were performed by the health department. Like many communities, we mourn the loss of loved ones, and recognize the valiant effort of those on the front lines...in hospitals, long term care facilities, doctors’ offices, food stores and schools. As a community, Lincoln Park demonstrated the best version of ourselves, with neighbor helping neighbor in every way possible.

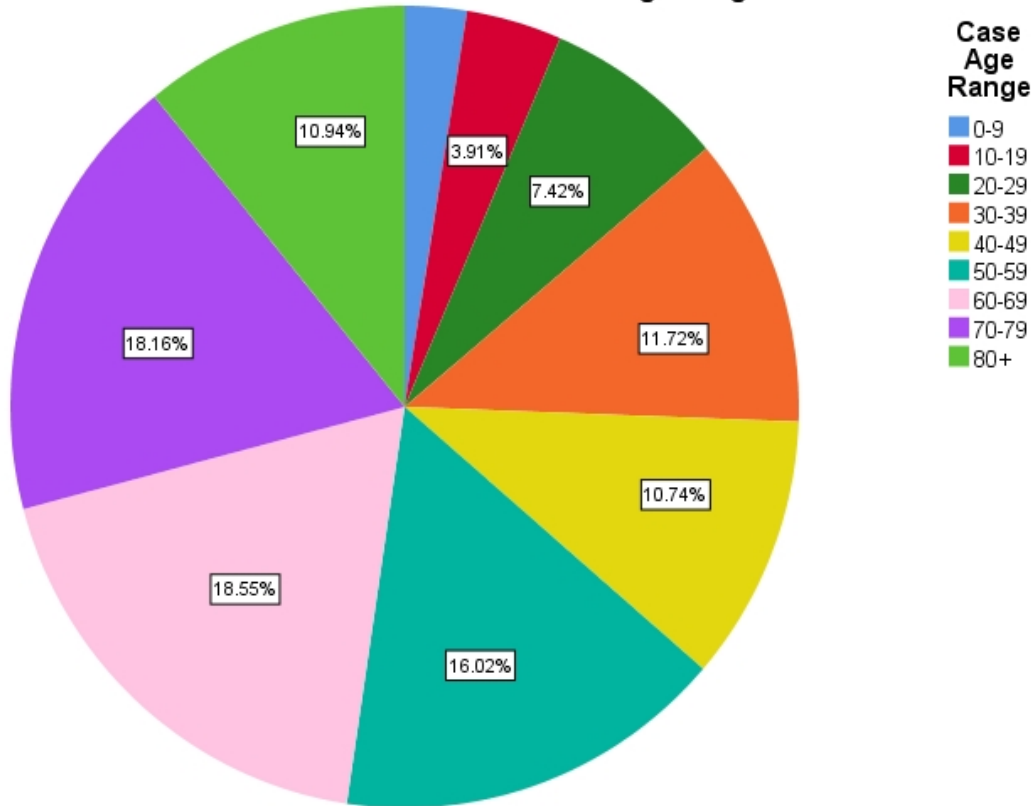
## LINCOLN PARK COVID-19 DATA

Morris County CUMULATIVE COVID-19 CASES Ending 12/31/20				
Municipality	28-Dec	29-Dec	30-Dec	31-Dec
Town of Boonton	361	365	367	369
Township of Boonton	262	265	267	267
Borough of Butler	336	338	341	351
Borough of Chatham	175	176	179	183
Township of Chatham	277	280	280	286
Borough of Chester	42	42	43	43
Township of Chester	204	205	208	210
Township of Denville	553	566	571	573
Town of Dover	1773	1781	1779	1793
Township of East Hanover	436	436	438	442
Borough of Florham Park	351	354	359	366
Township of Hanover	521	523	524	529
Township of Harding	88	92	93	94
Township of Jefferson	783	796	805	816
Borough of Kinnelon	426	432	439	441
<b>Borough of Lincoln Park</b>	<b>675</b>	<b>675</b>	<b>681</b>	<b>685</b>
Township of Long Hill	186	187	188	190
Borough of Madison	395	396	399	405
Borough of Mendham	160	161	161	163
Township of Mendham	129	131	131	132
Township of Mine Hill	235	235	232	240
Township of Montville	733	737	742	755
Borough of Morris Plains	269	272	276	279
Township of Morris	736	751	769	779
Town of Morristown	1285	1287	1299	1311
Borough of Mount Arlington	177	182	183	185
Township of Mount Olive	880	886	885	894
Borough of Mountain Lakes	110	111	115	121
Borough of Netcong	106	107	108	108
Township of Parsippany	2097	2119	2138	2167
Township of Pequannock	684	692	704	719
Township of Randolph	912	931	936	946
Borough of Riverdale	184	185	188	194
Borough of Rockaway	303	306	309	308
Township of Rockaway	963	977	990	995
Township of Roxbury	869	877	880	886
Borough of Victory Gardens	126	126	128	128
Township of Washington	438	442	449	455
Borough of Wharton	533	535	539	542
<b>TOTALS</b>	<b>19773</b>	<b>19959</b>	<b>20123</b>	<b>20350</b>

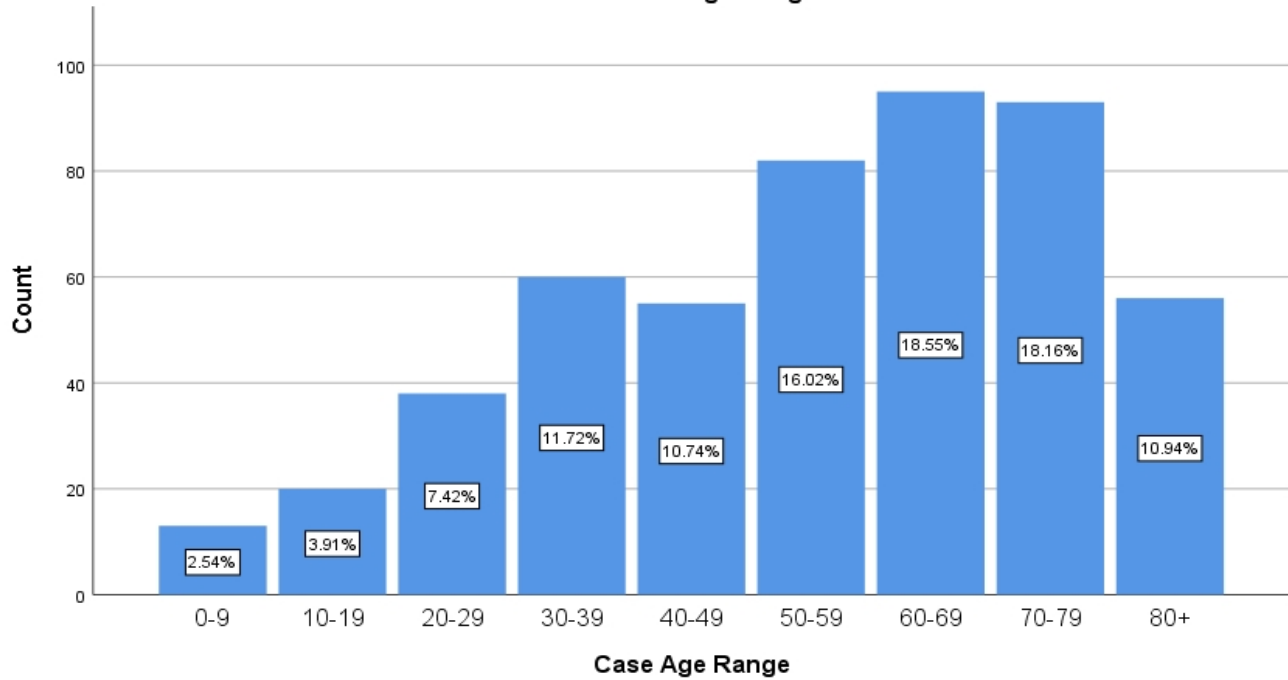
Timeline of Cumulative Cases Per Week



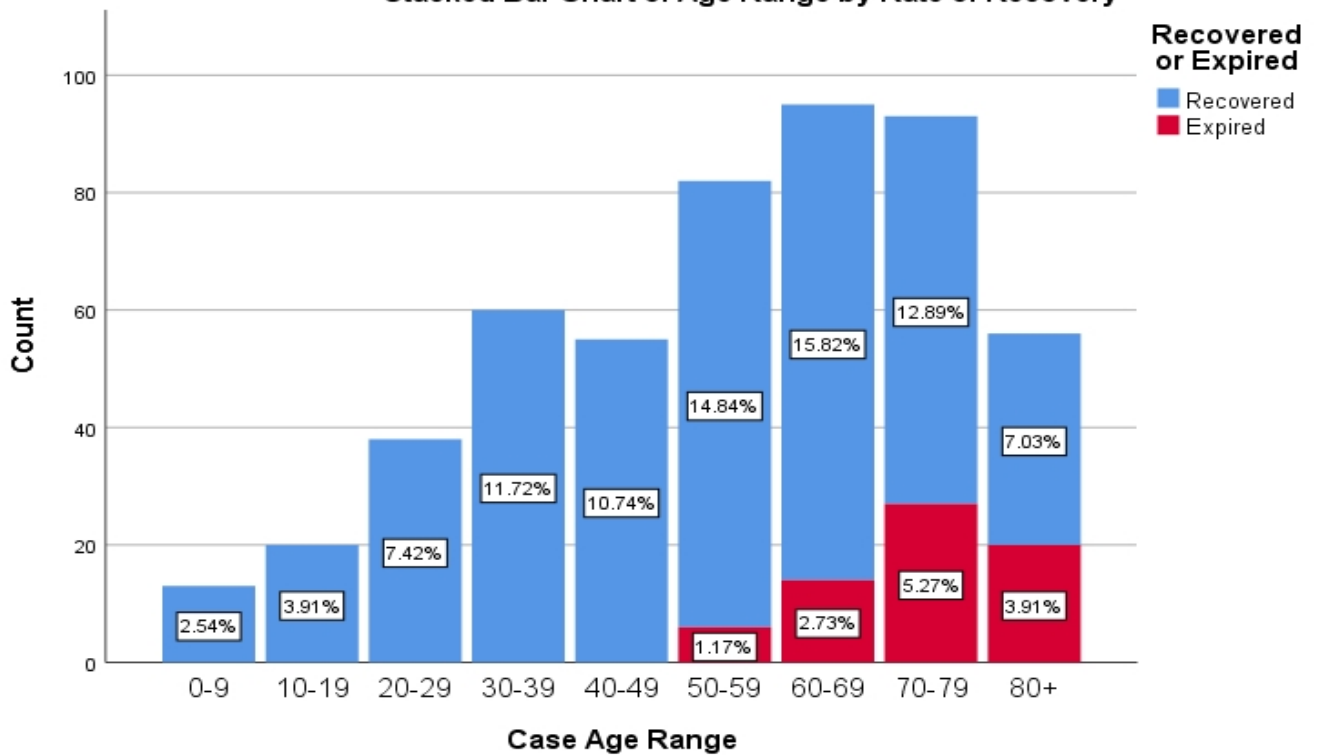
Pie Chart of Case Age Range



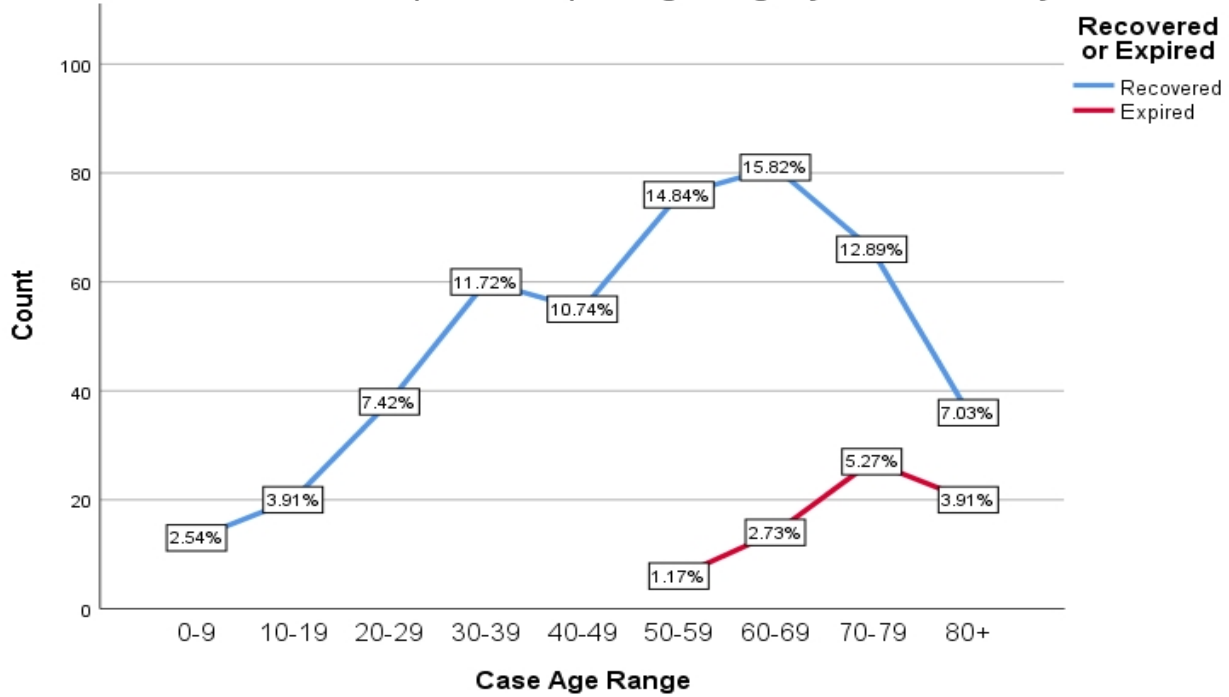
Bar Chart of Case Age Range



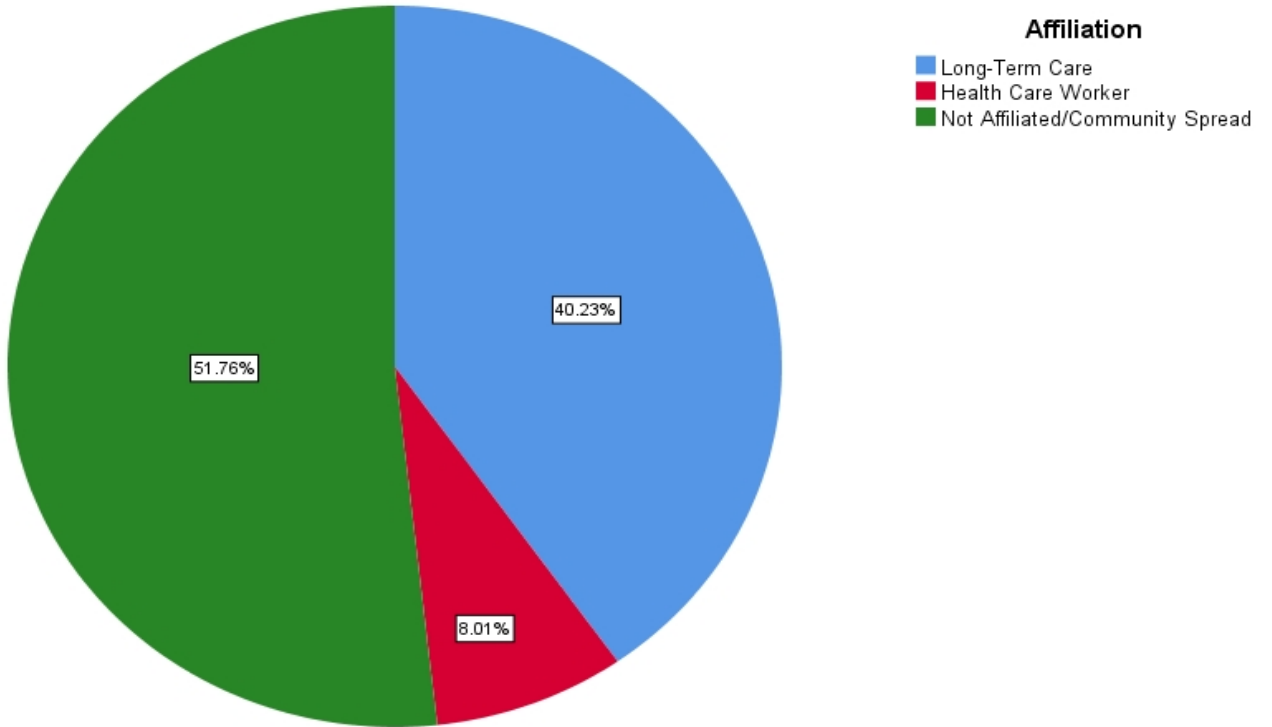
Stacked Bar Chart of Age Range by Rate of Recovery



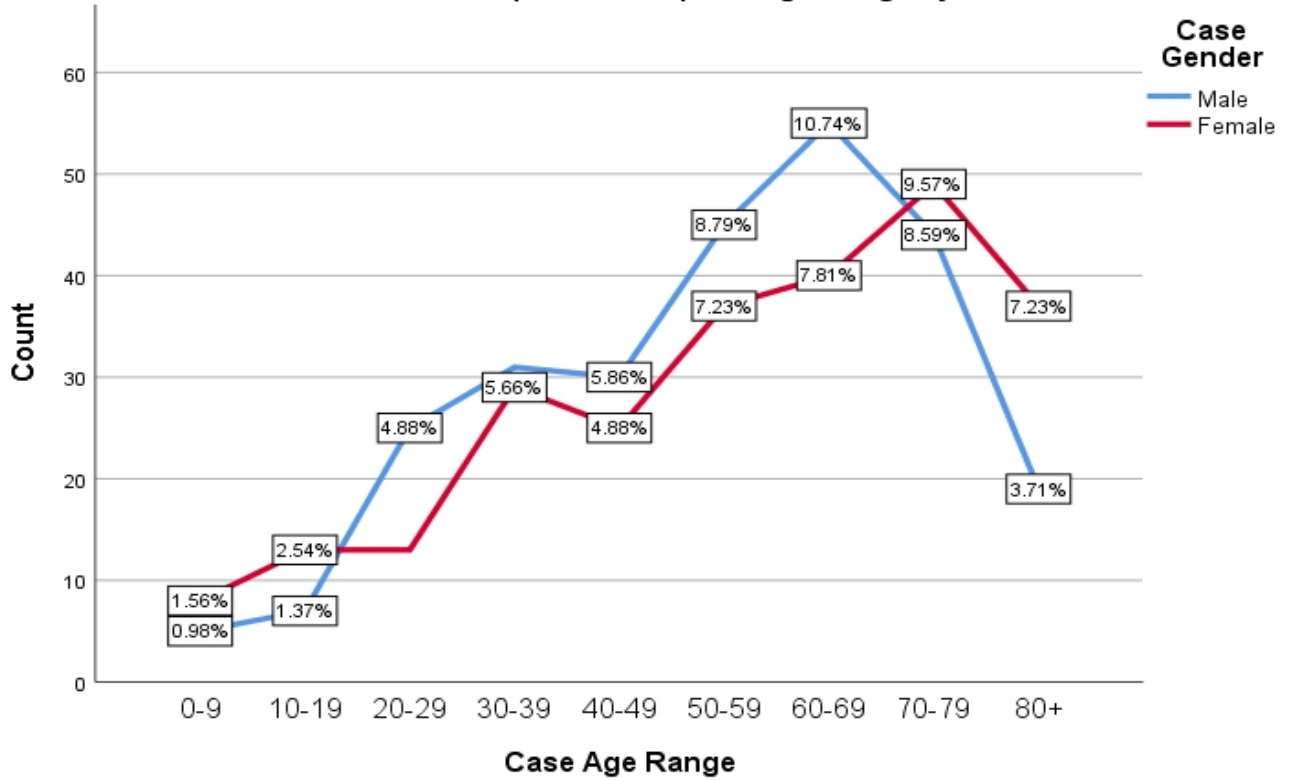
Multiple Line Graph of Age Range by Rate of Recovery



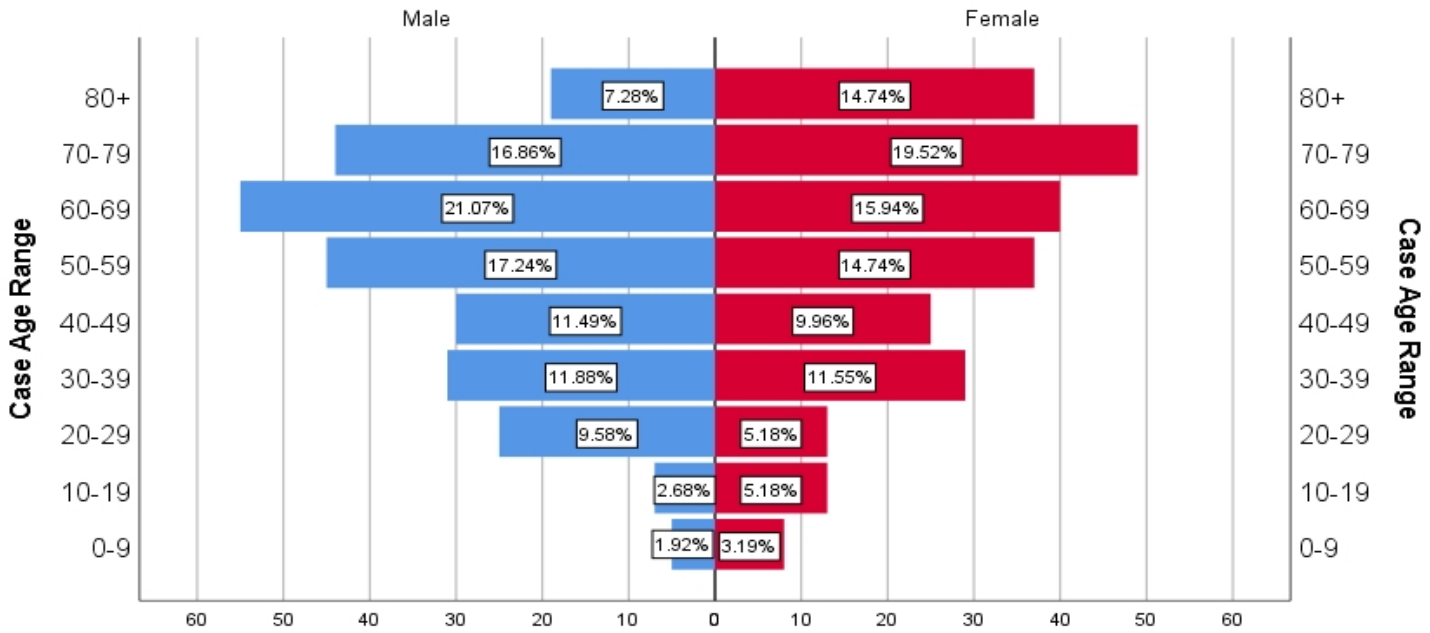
Pie Chart of Case Affiliation



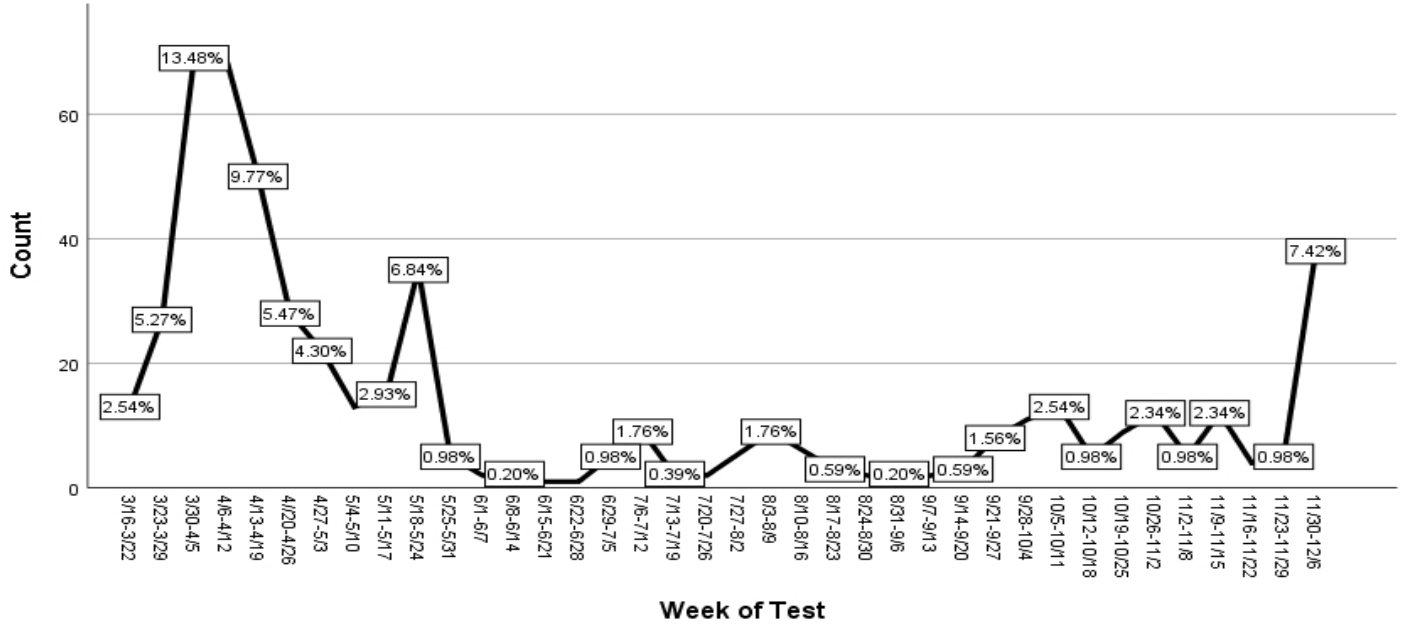
Multiple Line Graph of Age Range by Gender



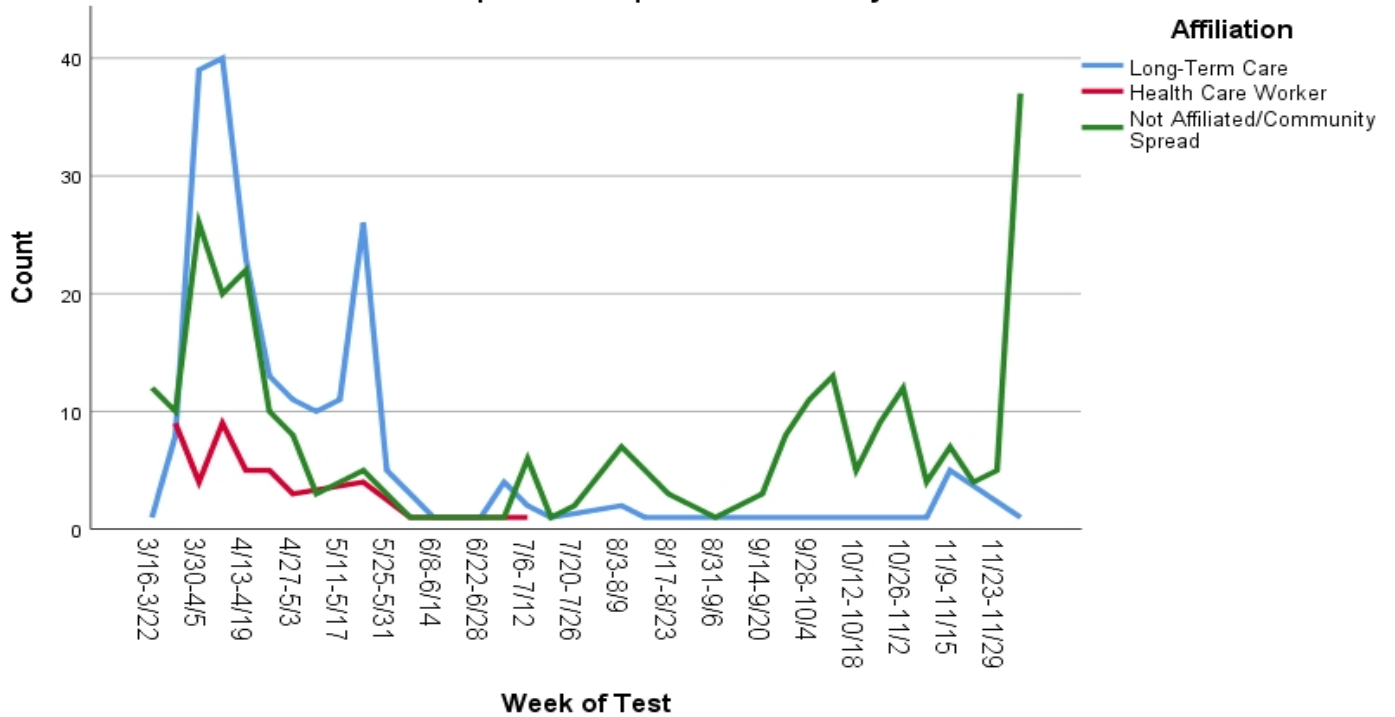
Population Pyramid Age Range by Gender



Timeline of Cumulative Cases Per Week



Multiple Line Graph of Test Week by Affiliation





The Lincoln Park Health Department offers many essential services for the community to improve the health of people that live, work and play in Lincoln Park. This is achieved through wellness programs, disease investigations and environmental stewardship.



## SERVICES OFFERED



### Highlighted Programs



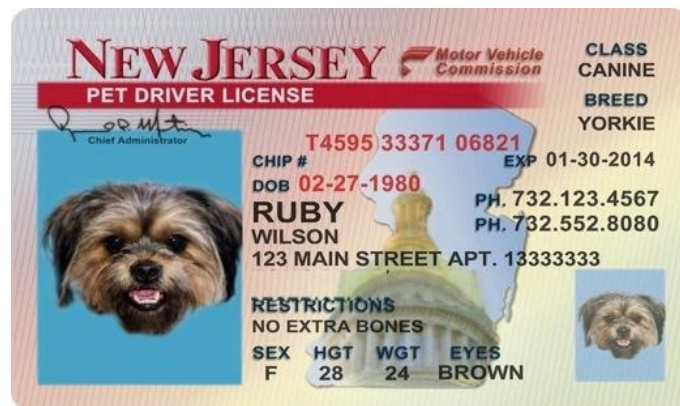
#### **Dog Licensing/ Registrations Tag/ Immunization**

It is a New Jersey state mandate that dogs need to be licensed annually, and have a valid rabies certificate that is good through October 31<sup>st</sup> of the licensing year.

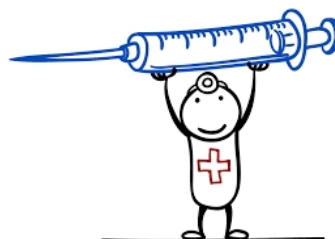
#### Benefits of Dog Licensure

- Licensed dogs are vaccinated against rabies (with some exceptions explained below) and those with current license tags on their collars are considered generally protected from the disease.
- A licensed dog that wanders off the owner's property or gets lost can be traced and quickly returned to its owner by animal control officers.

- When persons are bitten by a licensed dog, the owner is usually found, and the dog is placed under a 10-day confinement and observation that will prevent the victim from needing to begin rabies prophylaxis.
- Dog licensing is mandatory in all New Jersey municipalities and the licensing fee is much less than the fines and penalties for having unlicensed dogs.
- License fees support animal control, animal sheltering and rabies control activities within the municipality.
- Dog licensing fees help fund testing of suspect rabid wildlife, the free state sponsored municipal rabies vaccination clinics and the state operated low cost spay and neuter program.



## Annual Flu Clinics



## GRANTS

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The Lincoln Park Health Department received over \$25,000 in COVID-19 grants from the New Jersey Department of Health that supported case investigations and contact tracings, as well as the purchase of PPE. The Health Department also completed the 1st year of our 2020/2021 New Jersey Healthy Communities Grant through another generous \$20,000 donation from Chilton Medical Center/Atlantic Health System, and the New Jersey Healthy Communities Network (NJHCN). This grant provided a climbing rock wall for the Lincoln Park Elementary School (LPES) and yoga mats/equipment for the Lincoln Park Middle School (LPMS). The 2<sup>nd</sup> year of the grant will provide an interactive light display for children to have fun and be active during the school day. The healthy eating component of our grant is to provide healthy breakfast/lunch options during the summer months for families. The Lincoln Park Health Department has received a total of 4 grants through Chilton Medical Center/Atlantic Health System and the NJHCN. This brings our total NJHCN grant rewards to \$70,000 since 2015.

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## COMMUNITY PARTNERS

- Atlantic Health System
- Canal Society of New Jersey
  - Chapel Hill Academy
  - Chilton Medical Center
  - Lincoln Park Care Center
  - Lincoln Park Renaissance
- Lincoln Park Elementary School
- Lincoln Park Historical Society
  - Lincoln Park Middle School
- Lincoln Park Police Department
- Lincoln Park Recreation Department
  - Montclair State University
  - Montville Health Department
    - New Bridge Services
- North Jersey Health Collaborative
  - Pequannock Valley Rotary
  - ShopRite of Lincoln Park
  - William Paterson University
    - Wolfson's Market

# ENVIRONMENTAL HEALTH REPORT

## Public Health Complaints/Investigations

Type	2019 Data	2020 Data
<b>Property Complaints</b>	<b>26</b>	<b>18</b>
Dogs and Cats	4	3
Other Animals	3	0
Rats/Infestation	7	3
Senior Welfare	5	3
COVID Enforcement Complaints	0	15
Mosquitos	3	3
<b>Total</b>	<b>48</b>	<b>45</b>

## Food Establishments

Type	2019 Data	2020 Data
# of Retail Food Establishment Licenses	44	41
# of Temporary Licenses	20	0
# of Routine Inspections	60	40
# of Routine Re-Inspections	5	2
# of Investigations	5	1
<b># of Inspections ( other than routine)</b>	<b>7</b>	<b>68 (COVID Compliance Checks)</b>
# of Establishments with Enforcement Action Taken	0	0
# of Retail Establishment Plans Reviewed	4	4

## Other Inspections/Notifications

Type	2019 Data	2020 Data
<b>Rental Units</b>	<b>89</b>	<b>58</b>
Camps	2	2
Annual Lakes	1	1
Lake Re-Inspection	0	0
Annual Pool	6	2
Pool Re-Inspection	2	1
Lake/Pool Corrective Actions/Closures	0	0
Septic/Well Permits Issued	0	4

NJDEP Notifications	18	8
Vape Lounge	2	2
Nail Salons	7	14
Massage Therapy	1	3
<b>Total</b>	<b>114</b>	<b>251</b>

## PROGRAM REPORTS

Flu Vaccines		
Vaccinations	2019 Data	2020 Data
Regular Adult Flu Vaccine	53	52
High Dose Flu Vaccine	48	31
Pediatric Flu Vaccine	11	9
<b>Total Vaccines Given</b>	<b>112</b>	<b>92</b>

Child Health Clinic		
Child Health	2019 Data	2020 Data
Clinics	7	6
# of Unduplicated Children	16	14
# of Visits	20	19
# of Vaccines Given	34	

School Immunization Audits		
School Records Audited	2019 Data	2020 Data
Busy Beaver Preschool	20	17
Chapel Hill Academy	12	17
Jacksonville Chapel Preschool	105	118
KinderCare	67	74
Princeton Pre-K (Kids @ Play)	14	11
Lincoln Park Elementary School	148	123
Lincoln Park Middle School	145	n/a
<b>Total Records Reviewed</b>	<b>511</b>	<b>360</b>

Health Screenings		
Screening	2019 Data	2020 Data
Blood Pressure	145	30
Skin Cancer	28	0

Communicable Disease Investigations & Screenings		
Diseases	2019 Cases	2020 Cases
<b>Total Diseases Investigated</b>	<b>140</b>	<b>998</b>
Disease Outbreaks	2	2
Tuberculosis Screenings	7	3

## SENIOR SERVICES

Senior Services include providing resources for seniors in need, such as Dial-a-Ride (provided through a shared services agreement with Pequannock), blood pressure screenings, flu vaccinations, home visits and referrals to health and social service agencies. With the start of the pandemic in March, normally active seniors became homebound, and the need for the typical services changed. Efforts were made to support seniors with requests for masks, food support and other COVID-19 information/guidance.

5 Town Dial-a-Ride					
TRIPS BY ORIGIN	1-Q-2020	2-Q-2020	3-Q-2020	4-Q-2020	Annual Total
Butler	996	35	309	605	1945
Kinnelon	548	55	151	328	1082
Lincoln Park	931	22	248	291	1492
Pequannock Twp./PP	1724	44	536	497	2801
Riverdale	324	56	241	173	794
Rideshare	0	0	0	0	0
<b>Total</b>	<b>4523</b>	<b>212</b>	<b>1485</b>	<b>1894</b>	<b>8114</b>

## FOOD PANTRY

The need for the Lincoln Park Food Pantry accelerated with the pandemic's impact on families' loss of income. The Food Pantry received a **\$10,000 grant** from the Community Food Bank of New Jersey, and over **\$50,000 in monetary donations**, plus food donations, in 2020 that enabled us to provide food gift cards and bags of groceries to families in need. We helped **84 families**, gave out thousands of dollars in food gift cards, and thousands of bags of groceries to Lincoln Park families. Thanks to our Food Pantry Coordinator, Christine Russell, and our Registrar, Maria Moeller, we were able to deliver bags of groceries to the doors of families that were quarantined because of the pandemic. This was truly a valiant effort by the Food Pantry and Health Department going above and beyond the call of duty. A local restaurant donated meals to some families that were impacted by the pandemic, showing the altruism that prevailed during these difficult times.

## PROFESSIONAL AFFILIATIONS

*Our staff are members of the following organizations and committees:*

- Bergen/Passaic Registrars' Association
  - American Academy of Pediatrics
- Chilton Medical Center Community Advisory Board
- Chilton Medical Center Community Health Advisory Committee
  - Chilton Medical Center Vaping Task Force
  - Chilton Medical Center Veterans Committee
    - Health Advisory Board Head Start
    - Lincoln Park Stigma-Free Task Force
  - Morris County Health Officers' Association
    - Morris County Registrars' Association
    - Morris Regional Public Health Partnership
- National Association of County and City Health Officials
- New Jersey Association of County and City Health Officials
  - New Jersey Environmental Health Association
  - New Jersey Society for Public Health Education
    - North Jersey Health Collaborative
- Passaic County Governmental Public Health Partnership
  - Registrars' Association of New Jersey



## 2021 GOALS



Partner with the Lincoln Park Schools to complete 2021 grant deliverables

**Provide Summer Wellness Challenge for residents**

**Research grant opportunities to enhance outdoor space**

**Expand internship opportunities for area colleges/universities**

**Update preparedness policies and increase PPE stockpile**

